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disaster- an act that has disastrous consequences, an event resulting in great loss and misfortune, a state of extreme (usually irremediable) ruin and misfortune; katastrofa
hysterical-marked by excessive or uncontrollable emotion, characterized by or arising from psychoneurotic hysteria; histeryczny
flight attendant- an attendant on an airplane; stewardesa; steward
pay attention-give heed; uważać na, skupiać się na
fire alarm- an alarm that is tripped off by fire or smoke, a shout or bell to warn that fire has broken out
lobby- **1** a large entrance or reception room or area, **2** a group of people who try actively to influence legislation,
crisis- a crucial stage or turning point in the course of something, an unstable situation of extreme danger or difficulty; kryzys
survivor- one who survives or outlives another person, or any time, event, or thing
air crash- katastrofa lotnicza
previous- going before in time; poprzedni
weather conditions- warunki pogodowe
catch up with- learn belatedly, reach the point where one should be after a delay; dorównywać czyjemuś poziomowi, doganiać
majority- the quality or condition of being major or greater; większość
stunned- in a state of mental numbness especially as resulting from shock, knocked unconscious by a heavy blow, filled with the emotional impact of overwhelming surprise or shock; ogłuszony
entire- complete in all parts; kompletny
predict- przepowiadać
influence- wpływ
escape- uciekać
plenty of- mnóstwo
unthinkable- niewyobrażalny
decisive - decydujący
vice versa- used to say that the opposite of what you have just said is also true:
You can cruise from Cairo to Aswan or vice versa (= also from Aswan to Cairo)

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take off- depart from the ground; startować (o samolocie)
immediately-natychmiast

environment- the area in which something exists or lives, the totality of surrounding conditions; środowisko
emergency- sudden or unexpected appearance; nagły wypadek, awaria
amazed- filled with the emotional impact of overwhelming surprise or shock; zaskoczony, zdumiony
delightful- highly pleasing; rozkoszny
exhausted- completely emptied of resources or properties, drained physically, drained of energy or effectiveness; wyczerpany
homesick- *adj* pining for home; tęskniący za domem
fed up- having a strong distaste from surfeit
collapse- to fall down or fall in suddenly, often after breaking apart
collide with- if two people, vehicles, etc. collide, they crash into each other; if a person, vehicle, etc.
collision- an accident in which two vehicles or people crash into each other
safety- bezpieczeństwo
unfamiliar - that you do not know or recognize
flee- to leave a person or place very quickly, especially because you are afraid of possible danger
colleague- a person that you work with, especially in a profession or a business
stuff- used to refer to a substance, material, group of objects, etc. when you do not know the name, when the name is not important or when it is obvious what you are talking about

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hypothetical- hipotetyczny
get out- escape potentially unpleasant consequences; wysostać się
afraid- filled with fear or apprehension; przestraszony
chain- a series of links or rings, usually of metal, connected, or fitted into one another; łańcuch
invitation- zaproszenie
emergency exit- a stairway (often on the outside of a building) that permits emergency exit in the case of fire; wyjście ewakuacyjne
cause- any entity that causes events to happen
tension- the action of stretching something tight, (physics) a stress that produces an elongation of an elastic physical body; napięcie
separate- to disunite; odłączać się
rainforest- las tropikalny

adventure- a wild and exciting undertaking (not necessarily lawful), take a risk in the hope of a favorable outcome, put at risk; przygoda
 roughly- approximately but not exactly
species- (*of animals or plants*) gatunki
jungle- dżungla
infected- zarażony

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indigenous- native; produced, growing, or living, naturally in a country or climate; not exotic; not imported; tutejszy, rdzenny, miejscowy
civilization- cywilizacja
abandon- opuszczać, porzucać
raft- tratwa
jungle- dżungla
attempt- próba

LISTENING:

rapids- part of a river where the water flows very fast, usually over rocks
raft- tratwa
float- to move slowly on water or in the air
insect repellent- odstraszać na owady
branch- gałąź
trail- a long line or series of marks that is left by sth as it moves and that shows where it has been
strength- siła
hopeless- if sth is hopeless, there is no hope that it will get better or succeed

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pocket - a small sack or bag
properly /ˈpropəli/ - właściwie
stomach ache - an ache localized in the stomach or abdominal region

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cure- leczyć
occur- pojawiać się
technique- technika
pace- to walk up and down in a small area many times, especially because you are feeling nervous or angry
rapt- so interested in one particular thing that you are not aware of anything else; *She listened to the speaker with rapt attention*
crested- used especially in names of birds or animals which have a crest
crest- a group of feathers that stand up on top of a bird's head
crane- **1** a tall machine with a long arm, used to lift and move building materials and other heavy

objects **2** a large bird with long legs and a long neck; żuraw
leggy- (especially of girls and women) having long legs
incompatible- niekompatybilny
behaviour - zachowanie
simultaneously- równocześnie
reinforce- wzmocnić
acknowledge-to accept that sth is true; przyznać
rant /rænt/ - to speak or complain about sth in a loud and/or angry way; wygłaszać tyrady
snarl - **1.** to growl viciously while baring the teeth **2.** to speak angrily or threateningly
faucet - the thing you let water to come out; kurek
join the hunt – take part in looking for sth
reward - something given or received in recompense for worthy behaviour; nagroda
nag –to keep complaining to sb about their behaviour or keep asking them to do sth **1.** nagabywać **2.** strofować
hamper - a large basket, usually with a cover
praise – to express warm approbation; pochwała
parsley /ˈpa:sli/ - pietruszka
do the trick – succeed

excruciating /ɪksˈkru:ʃɪeɪtɪŋ/ -extremely painful **1.** męczący **2.** dręczący
brace – a device that holds or fastens two or more parts together or in place **2.** braces a metal device that children wear inside the mouth to help their teeth grow straight
to be up to sth- plan doing sth often secretly *The children are so quiet, I wonder what they're up to.*
mackerel /ˈmækrɪl/ - makreła
fuel /ˈfjuəl/ - paliwo
soothe – **1.** to calm or placate **2.** to ease or relieve (pain, for example)
seemingly - **pozornie**
stubborn /ˈstʌbən/ - **1.** uparty **2.** nieustępliwy
hop /hɒp/ - podskok
pile up – to become larger in quantity or amount; gromadzić

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mediate /ˈmi:diɪt/ - pośredniczyć (między)
argument – **1.** discussion in which disagreement is expressed **2.** a debate
relevant /ˈreləvənt/ - istotny
postpone /pəʊsˈpəʊn/ - **1.** odkładać (na później) **2.** odraczać
temper **1.** to modify by the addition of a moderating element **2.** moderate

agreement - 1. the act of agreeing **2.** harmony of opinion; accord

listening

disagreement- a situation where people disagree about sth and often argue

constructive- having a useful and helpful effect rather than being negative or with no purpose
avoid- unikać

exaggerate- to make sth seem longer, better, worse or more important than it really is ; przesadzać

unreasonable- not fair; expecting too much

issues- problems, worries

solve- to find a way of dealing with a problem or difficult situation

tip- a small piece of advice about sth practical

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rise /raɪz/ - 1. podnosić się **2.** wstawać

raise /reɪz/ - podwyższać

prevent - to keep from happening; zapobiegać

avoid - to prevent sth bad from happening; unikać

expect - to look forward to the probable occurrence or appearance of

had better – should

would rather- prefer

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pain – ból

nasty /ˈnɑːsti/ unkind; unpleasant; obrzydliwy

certain /ˈsɜːtən/ 1. pewien **2.** określony

massacre /ˈmæsəkə(r)/ 1. masakra **2.** rzeź

piece /piːs/ 1. część **2.** kawałek

betrayed – 1. zdradzony

beg /beg/ - 1. prosić (o) **2.** błagać

admit /ədˈmɪt/ - przyznawać (się)

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ashtray /ˈæʃtreɪ/ noun; a small dish for cigarette ash ► popielniczka

marble /ˈmɑːbl/ noun; 1. a hard attractive stone that is used to make statues and parts of buildings. ► marmur

tongue noun; 1. the soft part in your mouth that you can move. You use your tongue for speaking, tasting things etc. ► język **2.** (formal) a language: *your mother tongue* (język ojczysty) ► język

listening

blindfold- something that is put over sb's eyes so they cannot see

mystery- something that is difficult to understand or to explain

texture- tekstura

markings-a pattern of colours or marks on animals, birds or wood

distant- far away in space or time; odległy

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cheek [tʃi:k] noun; 1. one of two parts of our face that are on each side of our nose and mouth, below our eyes ► policzek **2.** rude or impolite behaviour; lack of respect. ► zuchwałość, czelność, tupet,

calf [ka:f] noun; 1. the back of our leg, below our knee ► łydka **2.** a young cow ► cielę

comb noun; 1. thing with a row of teeth that we use for making out hair tidy ► grzebień **2.** act of combing the hair ► czesanie się; **verb;** 1. to make the hair tidy using a comb ► czesać **2.** police are combing area for e.g prisoners, who escaped ► przeczesywać

thumb [θʌm] noun; the short thick finger of each hand ► kciuk **verb;** (through sth); to turn pages of a book ► kartkować, przerzucać kartki

sign [saɪn] noun; 1. mark or shape or movement that has a special meaning ► znak

verb; 1. to write name on a e.g document with usually agree meaning ► podpisywać się **2.** (up) to get sb sign a contract to work for sb

honest ['ɒnɪst] adj; 1. telling the truth, not telling lies ► uczciwy, prawy, szczery

superior- better in quality than sb/sth else; greater than sb/sth else

doubt- wątpliwość

receipt- rachunek

wrinkles- zmarszczki

kneel- klękać

embarrassed-(of a person or their behaviour) shy, awkward or ashamed, especially in a social situation

embarrassment- zażenowanie, zakłopotanie

eyelashes- rzęsy

forehead- czoło

breathe- oddychać

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fidget ['fɪdʒɪt] verb; to move or play with st in restless way caused nervousness, boredom, impatience ► wiercić się, kręcić się, bawić się rzeczami koło siebie

tap [tæp] noun; 1. handle that you turn to let the water, gas etc. out ► kurek, kran **2.** a device fitted to phone so that calls can be listened ► podsłuch

3. a light hit with hand or finger ► stuknięcie, puknięcie

verb; 1. to touch sb/sth gently and quickly ► stukać, pukać

clasp [kla:sp] **verb**; to hold sth tightly ► spinać, zwiierać, chwytać, ściskać

stroke [strəuk] noun; 1. movement that you make when you are painting, tennis or swimming etc. ►

pociągnięcie 2. one of the styles of swimming ► kraul **verb**; 1. to move hand gently over e.g beard

► głaskać, gładzić

gesture- gest

convince- przekonywać

nervousness- the state of being nervous

superiority- wyższość

fold- to bend sth, especially paper or fabric, so that one part lies on top of another part; składać

insecure- not confident about yourself or your relationships with other people; niepewny

ear lobe- the soft part at the bottom of the ear

tuck - **1** a fold that is sewn into a piece of clothing or fabric, either for decoration or to change the shape of it **2** a medical operation in which skin and/or fat is removed to make sb look younger or thinner

collar - kołnierzyk

rub- to move your hand, or sth such as a cloth, backwards and forwards over a surface while pressing firmly; pocierać

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voice-over [voɪs `eu:və(r)] noun; comments in a film, movie, tv programme etc. that are given by a person not seen on the screen ► komentarz lektora

props [prɒps] noun; objects in use by actors during the play ► rekwizyty

parry ['pærɪ] verb; defending by stopping sb move ► parować, zatrzymać cios

axe [æks] noun; a tool with a wooden handle and a metal blade used for cutting Wood ► siekiera, topór

LISTENING

demanding- (of a piece of work) needing a lot of skill, patience, effort, etc; wymagający

sword-miecz

audience- publiczność

glamorous- especially attractive and exciting, and different from ordinary things or people

musician- muzyk

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safe -bezpieczny

accident-wypadek

niece -siostrzenica,bratanica

nephew -siostrzeniec,bratanek

spare bedroom-zapasowa sypialnia

szelf -półka

drawer- szuflada

reach -sięgać

climb- wspiąć się,wdrapać się

cupboard- szafka

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relieved- feeling happy because sth unpleasant has stopped or has not happened; showing this ;

uwolniony, rozluźniony

anxious-niepokojny

calf- łydka

kidney- nerka

lung- płuca

liver -wątroba

hip- biodro

nod -ukłon

wave -fala

clap -klaskać

palm-dłoń

wrist- nadgarstek

frown- make a serious, angry or worried expression by bringing your eyebrows closer together so that lines appear on your forehead

shrug- wzruszać ramionami

brush- szczotka, zmiotka

elbow- łokieć, zakręt

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route- droga

tent- namiot

squeeze- ucisk,przyciśnięcie

distort- to change the shape, appearance or sound of sth so that it is strange or not clear ; przekręcać, wykrzywiać

background- the details of a person's family, education, experience etc ; tło, przeszłość

develop- rozwijać, rozbudować

emerge- wydostać się, wynurzyć się

to flick- trzaskać

snap- pstryknięcie

